

Studying in Hanover

Tips & Info





LUH



MHH



HSH



TIHO



HMTMH



FHDW



Welcome to your studies

We are your Studentenwerk

Whether you are just starting out in university life or have already been here for a few semesters: We at the Studentenwerk Hannover are here for you and make student life easier for you.



There is always something delicious to eat in our **canteens and cafeterias** – at affordable prices.



You will find a nice temporary home in our student **dormitories**.



In our **BAföG department**, BAföG is made available to those who are entitled to it - and we also advise everyone else on questions of student financing.



If you get stuck, our **social Counselling** is always ready to listen to your concerns.



In our brochure »Studying in Hanover« you will find everything you need to know about what we offer and lots of tips and information about studying.

We wish you much success and fun in your studies!

Stay informed

www.studentenwerk-hannover.de/en/



studiwerkhannover

The semester fee

What is the money used for?

Students have to pay a semester fee. In Hanover, depending on the university, this is between 350 and 420 Euros. But what is it actually for?

The Studentenwerk receives around a quarter of the semester fee. Through this contribution, students take part in funding our social services, which range from inexpensive canteen meals and free social counselling to affordable student housing and more.

The university receives a share as a contribution to its **administrative costs**.

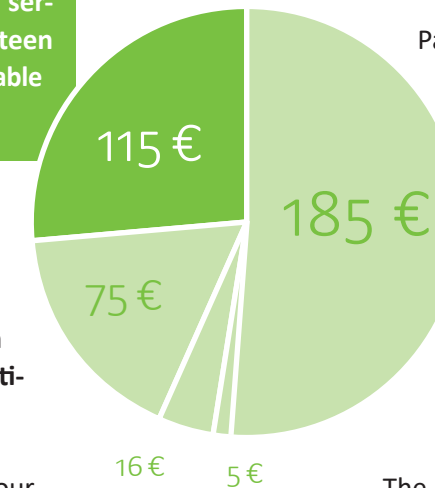
The AStA of the respective university is your political representation. The AStA (student union) advocates interests for the students towards the university administration and offers services. Included in most AStA fees: Theatre flat rate and a cooperation for low-cost bicycle repairs.

Links: www.studentenwerk-hannover.de/en/advice/further-advice-centers

How is the Studentenwerk financed beyond that?

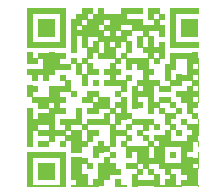


Your fees only contribute to about a quarter of the Studentenwerk's income. Most of our income is generated by revenue from canteens and cafeterias and rental income from student housing. Just under 20 per cent is received in the form of financial aid and as a reimbursement for BAföG administration from the state of Lower Saxony.



Pay once, get on and go: More than half of the semester fee is for the semester ticket. In return, you can use all trams and buses in Hanover and almost all local trains in the whole of Lower Saxony and Bremen for six months. You can find out more from your AStA and at dein-semesterticket.de.

The smallest part goes to other costs. This includes, for example, the cultural tickets or the bicycle workshops.



The pie chart shows the semester fee for Leibniz Universität Hannover for the winter semester 2023 / 2024. You can find the fees for the other universities online.

Study financing

BAföG & more



How much does it cost to study?

Rent, food, telephone, internet, leisure activities, books and other things for university - studying is costly. It is not easy to keep track, especially when you have moved out of home and are standing on your own two feet for the first time.

On average, you need about **1000 Euros** a month for your studies. Whether you can get by with less or need more depends on you, of course.

We offer free and confidential counselling on BAföG, scholarships, student loans and general questions about your finances for your studies.

TIP: Budget book



You need an overview of your finances? The good old budget book can help! Whether digitally via app or with notepad and pencil. Give it a try!

BAföG

BAföG is the most favourable way to finance your studies, if you are entitled to it. No matter how much BAföG you receive, half of it is free. The other half is an interest-free (!) loan. You have to repay the loan after five years after finishing your studies - but BAföG has a built-in debt brake. You never have to repay more than 10,010 euros. And you have 20 years to do so! Doesn't sound so bad, does it? Try it out!

Would you like to apply for BAföG? Click here to go directly to the online application:

www.studentenwerk-hannover.de/geld/bafoeg-antrag

You don't want to apply for BAföG? Then watch our BAföG mini-series [friendswithoutmoney](#) on YouTube! Maybe you'll change your mind again.

You need more information? Or advice? No problem, we are here for you!



You can find all about money on:

www.studentenwerk-hannover.de/en/money/overview

BAföG Boost

This is your chance to get more support for your studies! Secure additional money to finance your studies. Since the winter semester 2022/2023, there have been many improvements to BAföG. Submit your application now!

BAföG counselling



stw.hannover@bafoeg-niedersachsen.de

☎ (05 11) 76-88 126

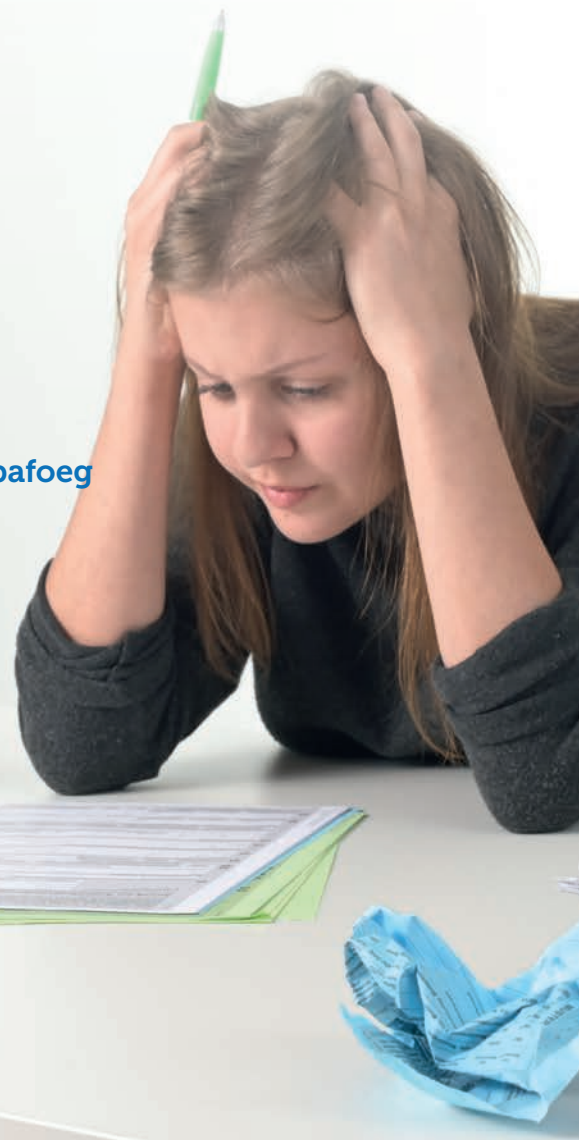
Seven reasons why you should apply for BAföG **online**:

- 1 It's faster.
- 2 Incomplete information is displayed immediately.
- 3 Missing documents are listed immediately.
- 4 You can submit missing documents electronically at a later date.
- 5 Your data is transmitted securely.
- 6 You can save your application in between and continue later.
- 7 You can check the processing status of your of your application online.

→ <https://www.studentenwerk-hannover.de/en/money/bafog>

TIP

Do you have to submit any supporting documents? It is better to submit related documents at once and via bafög-digital! That way we can process your application faster!



☒ Checklist first BAföG application

For your first BAföG application (for your subsequent application next year it will be less) we need

SUBMITTED BY YOU

- ☐ **Form 1** (the actual BAföG application), including your CV
- ☐ the current **university registration certificate**
- ☐ a copy of your **ID/passport/residence permit**
- ☐ Proof of your **assets/debts** as of the date of application (if available; bank statements to determine the balance of current accounts such as bank account, savings account, building society savings account, deposit and premium savings account, etc., current value of car or motorbike)
- ☐ Proof of your **income** (if available; pay slip part-time job, employment contract, proof of scholarship)
- ☐ a copy of the **tenancy agreement** or the **landlord's confirmation of accommodation** (not applicable if you live with your parents or in a flat owned by your parents).
- ☐ **Proof of health insurance** (only applicable if you are insured independently, i.e. not through your family, nor privately)

SUBMITTED BY YOUR PARENTS

- ☐ **Form 3** (from each parent)
- ☐ the relevant **proofs of income**
- ☐ **documents concerning your siblings** (if any)
- ☐ Proof of **Riester**, degree of **disability** (if existing)

⚠ If you are married and / or have children, further forms and proofs concerning the spouse are required ... We are happy to help you!

Scholarship

Maybe a scholarship is something for you? There are numerous scholarship programmes in Germany that provide alternative funding and support. Maybe a scholarship is something for you? There are numerous scholarship programmes in Germany that provide alternative funding and support. Scholarships are offered by state, trade union, municipal and private institutions as well as political parties..

www.studentenwerk-hannover.de/en/money/scholarships

Student loans

The student loan »Bildungskredit« is one way of financing your studies. However, you should consider taking out a loan very carefully beforehand. We will be happy to advise you!

<https://www.studentenwerk-hannover.de/en/money/loans-and-credits>

Saving money

You can save on living costs by taking advantage of the many student discounts. For example, go to the canteen for a good, affordable lunch or look out for student discounts on tickets for cultural events. In Hanover, you can also use the »Hausmarke« discount card.

www.studentenwerk-hannover.de/en/money/save-money

TIP



Liability insurance

If you are not insured through your parents, you should definitely take out your own liability insurance. This will save you a lot of money and trouble in the event of damage!

Housing benefit

Housing benefit is a state rent subsidy. Are you entitled to it? Find out here:

www.studentenwerk-hannover.de/en/money/other-sources-of-funds

Jobbing and BAföG

If you receive BAföG, you can earn up to 6,240 Euros gross per year in a mini-job!

Jobbing

Many students work alongside their studies to earn a living. Ideally, you will not only fill your household budget, but also gain your first work experience. If you have a side job, it is important to remember that there are a few rules to follow. For example, you may not exceed a certain number of hours.

www.studentenwerk-hannover.de/geld/jobben

What are the different types of jobbing?

You can

- ▶ work in a mini-job on a 520-euro basis
- ▶ work as a student trainee (student assistant)
- ▶ be employed for a short time during the semester break
- ▶ work in a midi-job

Be sure to check your insurance status when you take a job!

Jobbing for international students

You come from abroad, study in Germany and would like to have a side job? There are a few rules to follow. Just watch our film »Foreign students and jobbing«, in which we explain everything you need to know.

www.wissen.hannover.de/jobben (German)

Taxes and social security contributions and working while studying? There are a few things to consider:



If you have any further questions or problems, our social counselling service can help.

Social Counselling

Do you need general advice on financing your studies? Please contact our social counselling service:



soziales@studentenwerk-hannover.de

- ☎ (05 11) 76-88 919
- ☎ (05 11) 76-88 922
- ☎ (05 11) 76-88 935
- ☎ (05 11) 76-88 928



Good, affordable, diverse: student housing







Rooms & Apartments

With us this is more than housing. Our dormitories are all close to the university. Here you will find a temporary home.

Whether a room in a shared apartment, a room with shared kitchen and bathroom or single apartments with mini-kitchen and bathroom – we have something for everyone.

All-inclusive

With our facilities, our services and the all-inclusive rental, you'll be well looked after:

-  Furniture in almost all rooms and apartments
-  Internet
-  Common rooms for community
-  Caretaker service
-  Housing tutoring programme
-  Parking spaces, bicycle cellar and many more extras

Apply for student housing

Please fill out the application for a residential place online:

www.studentenwerk-hannover.de/en/living/dormitory-application

Housing is allocated according to the date of receipt of the application. When we have received your application, we will inform you with a confirmation email. We will contact you when a spot has become available for you.

The demand for places in student residences is very high. Keep in mind that you have to expect a waiting period!







All student housing:
www.studentenwerk-hannover.de/en/living/dormitories

Student Housing



www.studentenwerk-hannover.de/en/living/overview

wohnen@studentenwerk-hannover.de

 (05 11) 76-88 048
 (05 11) 76-88 029
 (05 11) 76-88 972
 (05 11) 76-88 069

Our tutors

Whether you are new to the residence or completely new to the city – our tutors will help you to get settled in Hannover and in the residence. They are directly on site and your first point of contact for questions.

The tutors are students like you who, in addition to their studies, are committed to creating a friendly and intercultural atmosphere in the residence. They speak many different languages and bring you and the other residents together with excursions, cultural events such as intercultural evenings and more.

You can find our tutors on our website under the respective residences.



Living elsewhere

You haven't found a place to live yet? Here you will get tips on finding a place to live and information on how to find accommodation at short notice:

www.studentenwerk-hannover.de/en/living/apartment-search

Canteens and cafeterias

Food & Drink



What kind of food do we offer?

You can find our canteens and cafeterias at almost every university location. There is always something good for you to eat. Our food is delicious, affordable and »naturally fresh!«.

Our canteens provide you with hot food at lunchtime - whether it is meat, vegetarian or vegan. There is something for everyone.

Our cafeterias offer sandwiches, salads, sweets, coffee and more.



Lunch

The choice at lunch is yours. Our four menu lines stand for varied and balanced nutrition.



Veggie & Vegan

With »**Veggie & Vegan**« you can eat a vegetarian or vegan diet every day. The menu line offers a wide selection of home-made, fresh dishes, including vegetables, tofu, cheese or pulses. We also offer popular ready-made products such as baked camembert or meat substitutes such as fried patties and sausages on a plant-based basis.



Meat & Sea

No one has to do without meat and fish at our restaurant. With »**Meat & Sea**« we offer complete meat and fish dishes with vegetable and side dishes. Ready-made products are only very rarely used.



Pasta & Friends

Pasta lovers will get their money's worth with our »**Pasta & Friends**« menu line. Whether homemade pasta made from whole grain or spelt, homemade spaetzle or gnocchi in different herb variations – there is something for everyone here.

Healthy & Cheerful

To keep you fit and energetic during your study week, we make sure to offer balanced meals as often as possible that do not contain any highly processed foods or convenience products and have a maximum of 800 calories. Just look for the »Healthy & Cheerful« label on the menu.



What else is there?

You can still choose a salad of the day at »Quer-beet« or make your own salad from the salad bar.

Fancy a dessert? You can get one every day in our »Sweet Corner«.

Or would you rather have schnitzel, pizza, curry sausage or bowls? All of these are available every day at the »Evergreens«.



Do something for the climate while you eat? No problem – with our KlimaTeller! You will regularly find the KlimaTeller on the menu. If you choose it, you save 50 percent CO₂ – compared to an average meal. Look out for the labelling on site.



Homemade Pasta

Just one highlight of many: We produce all the pasta ourselves and always bring them fresh to the table!



All addresses, opening hours and menus:
<https://www.studentenwerk-hannover.de/en/food/canteens-cafeterias>

Sustainability

The environment and sustainability are important to us. Therefore

- we produce our own food from mainly fresh ingredients
- we use regional suppliers wherever possible (For example, we buy our fresh meat exclusively from regional butchers.)
- 60 percent of our cafeteria food is now vegan or vegetarian
- we offer the KlimaTeller daily
- we offer oat milk as an alternative for coffee and coffee specialities
- we avoid food waste as much as possible
- we serve food and hot beverages to go almost exclusively in reusable deposit containers
- we offer our bread rolls exclusively unpackaged



More on the topic of sustainability:



www.studentenwerk-hannover.de/en/food/sustainability

Cashless payment

In our canteens and cafeterias, you generally pay by card, namely with the university chip card. You can recharge your card at the cash or EC card desk. If you do not have a university chip card with payment function, simply get a free MensaCard or pay with your smartphone, EC or credit card.

More information on cashless payment is available at: www.studentenwerk-hannover.de/en/food/canteen-faq



Studi|Futter-App

With our Studi|Futter app, you can see at a glance what's on our menu. Simply select your favourite canteen and whether you are a student, staff member or guest.

The »Studi|Futter« app can be downloaded – free of charge – from the App Store and on Google Play.



University gastronomy



www.studentenwerk-hannover.de/en/food/overview

hochschulgastronomie@studentenwerk-hannover.de

☎ (05 11) 76-88 034

Reusable instead of disposable

We rely on reusable deposit solutions in our take away business in our canteens and cafeterias. Whether it is the Hannoccino for hot drinks, the reusable bowls for lunch to go, or the new reusable solution for our savoury salads and sweet cups. Disposable will soon be history with us!





Social and International Affairs:
Support services around your studies

Advice & Support

You are studying or want to study soon and have financial or personal problems? Ask us!

Out social counselling

We advise you quickly, directly and free of charge and are there for you in difficult phases of your study. You can talk to us confidentially.

For example, we advise on the following topics

- € Financing options (in addition to BAföG), loans and credits
- 🔧 Jobbing and social security
- ⊕ Health insurance
- 🏠 Exemption from broadcasting fees, citizen's allowance, housing benefit, child benefit, etc.
- € Social security coverage between studying and working
- 🌐 Problems of international students
- 👨 Studying with a child (→ page 25)
- 👤 Studying with a disability or chronic illness (→ page 33)

We also support you in individual conflict situations and counsel you on all other social issues regarding your studies.

www.studentenwerk-hannover.de/en/advice/social-counseling

Other counselling agencies

You can't find what you're looking for? Of course, there are many other counselling services in your university environment that you can take advantage of.

Whether it's the Psychological-Therapeutic Counselling for Students (ptb), the counselling services offered by the student councils (ASten) on various topics or the student counselling services of the universities – you can also get support here.

You can find them here:

www.studentenwerk-hannover.de/en/advice/further-advice-centers

TIP



It's always better with help than without! If you get stuck, make use of our counselling services!

Social counselling



www.studentenwerk-hannover.de/en/advice/social-counseling

soziales@studentenwerk-hannover.de

☎ (05 11) 76-88 919
☎ (05 11) 76-88 922
☎ (05 11) 76-88 935
☎ (05 11) 76-88 928



Welcome to Hanover!

International students

You come from abroad and are in Germany to study?

Before you can start your studies, you have to complete some formalities.

To make this easier for you, we have »step by step« instructions on what you need to do and in what order.

Arrival in 6 steps

- 1 Register at the Aliens' Registration Office (Einwohnermeldeamt)
- 2 Open a current account
- 3 Transfer your semester contribution
- 4 Take out health insurance
- 5 Enrol at your university (and don't forget your documents)
- 6 Apply for a residence permit

We have explained the six steps in detail on our website:

www.studentenwerk-hannover.de/en/international-students/first-steps-in-germany

Counselling and Support

Do you have questions about the formalities and the start of your studies?

The **International Office** at your University will be happy to help.

You can also find the links at:

www.studentenwerk-hannover.de/en/international-students/first-steps-in-germany



In the »International Students« section of our website you will also find further information:

www.studentenwerk-hannover.de/en/international-students

TIP



Are you new to the house and looking for a contact? Contact our **student house tutors** (→ page 14)!

Help for student parents

Studying with children

About eight percent of students care for and look after their children while studying. Are you one of them?

Then you know from experience that studying, childcare and the question of how to secure a living present special challenges for student parents. We are here to support you.

What benefits are you entitled to? Where can you get financial support? What do you have to consider legally?

We have compiled a lot of information on our website.

If you still have questions: Our social counselling service (→ page 20) supports student parents with personal, legal and financial concerns.

Caring for the little ones

Who will look after my child during lectures? How do I get a childcare place? And are there daycare centres near the university? What are the costs involved? Is there support with financing available? We answer these questions on our website:



www.studentenwerk-hannover.de/en/advice/studying-with-a-child

TIPP: Emergency childcare Fluxx

Childcare is cancelled? The City of Hannover's emergency service "Fluxx" can help. It's even cheaper for student parents!



TIP: MensaCard Kids

Meals for children of student parents aged between ten months and twelve years are 'free of charge' in our canteens.



Help with impairment





Studying with Disability

Unfortunately, it is not always possible to study without worries. For some students, everyday life is a particular challenge.




Many students have to master their studies with and despite physical or health impairments. Are you one of them?

Students with disabilities and chronic illnesses

... are students with impairments

-  their mobility
-  their sight
-  their hearing
-  their speech

but also students with

-  mental illnesses (e.g. eating disorders, depression)
-  chronic illnesses (e.g. rheumatism, Crohn's disease or diabetes)
-  Dyslexia and other partial performance disorders

TIP



Through the »Buddy Project«, sports activities at the University Sports Centre are also available for students with disabilities!

www.hochschulsport-hannover.de/en/sports-programs/inclusive-sports/buddy-project

In our social counselling service (→ page 20), we inform students with disabilities about financial and material support, and we advise on strategies on how they can (even) better manage their studies.

Living with the Studentenwerk

We have barrier-free or even wheelchair-accessible rooms in various dormitories. Students with disabilities are given priority when rooms are allocated. You can find out more about this in the Living section of our website:

www.studentenwerk-hannover.de/en/living/dormitories

Counselling and Support

Weitere Kontakte an den Hochschulen haben wir hier zusammengestellt:



www.studentenwerk-hannover.de/en/advice/studying-with-disability



Culture and Leisure

Campus Life

There is a lot to discover at the universities in Hannover.

Are you new to the city? Make the most of the many events organised by the student councils and student representatives. Your fellow students really get things going. Support them and join in. You can quickly get to know new people. You'll settle in much faster and get along better.

Whether it's summer festivals, touring pubs, cinema in the lecture hall or digital parties - there's bound to be something for you!

Links to student cultural groups can be found at: www.studentenwerk-hannover.de/campus-kultur

TIP



You want to get something going yourself? Culture is your thing? Then maybe we can support you: **The Studentenwerk subsidises student cultural groups.**

More on:
www.studentenwerk-hannover.de/en/campus-life/culture

Discover HANNOVER

www.visit-hannover.com/en



Active in sport?

University sports keep you fit. Over 700 sports courses take place every semester, from B for basketball to Z for Zumba. You're sure to find something that suits you. Not in the mood for courses? Then the fitness studio CAMPUSFit or the climbing hall KletterCAMPUS might be something for you!

www.hochschulsport-hannover.de

Theatre flat rate

Good news for student theatre fans at almost all Hanover universities: You can go to the theatre for free because you have already paid for a flat rate with your semester fee:

staatstheater-hannover.de/en_EN/theaterflatrate

☑ Checklist for your start at university

You have decided to study and know what you want to study and where? Great! But now there are still a lot of unanswered questions about studying. Our checklist will help you not to forget anything important.

Make a plan!

April to June

What options do you have to finance your studies?

- ☐ BAföG
- ☐ Support from your parents
- ☐ Part-time job
- ☐ Scholarship

How will you live?

- ☐ Alone
- ☐ In a shared flat
- ☐ With friends
- ☐ At your parents

Where can you find suitable housing offers?

- ☐ At your Studentenwerk
- ☐ WG-Gesucht.de
- ☐ Newspaper

Important: We have long waiting lists for a place in one of our dormitories. Register with us early enough! Registration is non-binding and free of charge.

Let's get right down to business!

July to October

Do you have to or are you able to work?

- ☐ Do you have time for a part-time job? If so, how much time?

What kind of job would you like?

- ☐ A 520-Euro-job
- ☐ A job as a student assistant
- ☐ Work only during the semester break
- ☐ Work something else

- ☐ Submit your BAföG application.
- ☐ Get informed: Do you need your own health, liability and/or household insurance?
- ☐ Look for a job.
- ☐ Apply for a scholarship.
- ☐ Organise your move.
- ☐ Register your new place of residence.
- ☐ Register for the broadcasting fee. (Tip: If you receive BAföG, you can get an exemption).
- ☐ Visit the canteen.
- ☐ Load money onto your university chip card or get a MensaCard.
- ☐ Follow us on social media and stay up to date.

Studentenwerk at a glance

📞 Head Office / Administration

▶ Secretary's office

Jägerstraße 5

☎ (05 11) 76-88 022

info@studentenwerk-hannover.de

🏠 Student Accommodation department

▶ Accommodation administration



Jägerstraße 5

☎ (05 11) 76-88 048 | -88 029 | -88 972

wohnen@studentenwerk-hannover.de



▶ To the residences

👥 Social and International Affairs department

▶ Sozialberatung



Lodyweg 1 C

☎ (05 11) 76-88 919 | -88 922 | -88 935 |

-88 928

soziales@studentenwerk-hannover.de

▶ Cultural Promotion

Lodyweg 1 C

☎ (05 11) 76-88 930 | -88 925

soziales@studentenwerk-hannover.de

💶 BAföG Loans & Grants department

▶ BAföG administration



Callinstraße 30 A

☎ (05 11) 76-88 126

stw.hannover@bafoeg-niedersachsen.de



▶ Your BAföG contacts

🍴 Canteens and cafeterias

▶ Secretary's office



Callinstraße 23

☎ (05 11) 76-88 034

mensen@studentenwerk-hannover.de



▶ click here for the menus

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Have a good Start!

www.studentenwerk-hannover.de

